

Appendix A: South East Wales Highway's Collaborative Civils Construction Social Value Levy Breakdown of Activities:

Streetgames Wales

StreetGames harnesses the power of sport to create positive change in the lives of disadvantaged young people right across the UK. StreetGames' work helps to make young people and their communities healthier, safer and more successful. This is achieved via their network of Locally Trusted Organisations.

To date the framework has contributed to the funding of Mental Health

Mental Health and Wellbeing

Contribution to support 6 Locally Trusted Organisations (LTOs) across 3 Local Authority Areas in South Wales. This funding was awarded to support LTOs to deliver safe and meaningful Doorstep Sport opportunities for children and young people living in poverty within Cardiff, Bridgend and Rhondda Cynon Taf. The funding is also enabling staff and volunteers to engage in training specifically around mental health awareness, engaging young people in activity and managing challenging behaviour.

Project to date:

Participants; 150

Training Courses – 8

Training Learners – 91

Sport Activity Packs Final Outputs:

Contribution to support 22 LTOs across the region to provide sports activity pack throughout the COVID lockdown period to support mental and physical wellbeing.

Organisations Funded: 22

Families Supported: 1,326

School of hard knocks

About – SOHK looks to support communities via two streams, which are: helping unemployed adults find sustained paid employment; and, helping school children at risk of exclusion to improve their wellbeing, complete their GCSEs and find a positive onward pathway.

SOHK uses sport to tackle issues surrounding unemployment, crime and health. They improve physical and mental health, self-esteem and self-confidence. They do this by offering two distinct programmes targeting different groups with different outcomes:

- SOHK 18+: 8 week programme for unemployed adults (men and women over 18); desired outcome is gaining and maintaining employment.
- SOHK for Schools: intervention for up to three years with secondary school children (typically 13-16 year olds), helping them complete mainstream education.

To date the framework has supported two adult schemes, one in central Cardiff and the other in the Vale of Glamorgan.

Cardiff Central Course

Within the Cardiff central course it had 26 men and 16 women signed up to the 8 week course, which identified self-declared barriers as the following:

Of the 16 Women :

- 7 have previous criminal convictions
- 6 had experienced homelessness
- 16 have diagnosed or self-diagnosed poor mental health

Of the 26 men:

- 16 have previous criminal convictions
- 18 have experienced homelessness
- 25 have diagnosed or self-diagnosed poor mental health

42 Participants attended in total over the 8 weeks

Men – 26

Women – 16

- 3 Found work during the programme
- 27 Completed the programme
- 2 could not complete for reasons out of their control
- 11 people dropped out after only attending one or two sessions (Reasons captured below)

Groundwork Wales

Groundwork is a charity working nationally and locally to transform lives in the UK's most disadvantaged communities.

They help people to carry out thousands of diverse, locally-led projects each year. Projects that tackle climate change and help people out of fuel poverty. That bring out the best in young people by helping them to improve their local area. Projects that build stronger communities by improving green space or get people back into work and create green jobs.

Framework funded the hire of a mini bus to continue their delivery to their end users within the region when COVID hit, as restrictions introduced would have reduced the impact to end users within the community had the framework not.

Also, funded a community scheme within RCT that looked to support individuals with social interaction and developing landscape skills.

NEC4 PM Training

SEWH funded four day Project Manager accredited NEC4 training for 16 officers across the authorities in the region.